

Name: _____

Date: _____

Health Test Ch.1

Circle whether the statement is true or false.

1. T/ F Most people do not know that alcohol is considered a drug
2. T/ F A drug is a substance that is taken or used to change a person's behavior or to change a person's body.
3. T/F Alcohol is a very powerful anti-depressant.
4. T/F For people under the age of 21 it is illegal to consume alcohol

Multiple Choice (Circle best answer)

5. The attitudes of _____, _____, and _____ strongly influence underage teen drinking.

- A. Teachers, coaches, and commercials
- B. Peers, family, and the media
- C. None of the above
- D. All of the above

6. Long-term heavy drinking can hurt the _____, liver, heart, and digestive system

- A. Brain
- B. Tongue
- C. Lungs
- D. None of the above.

7. A disease called _____ can be formed and may lead to liver failure and death.

- A. Cancer
- B. Hepatitis
- C. Arthritis
- D. Cirrhosis

Match the vocabulary word with the blank that fits best. All answers will be used only once.

8.

I. A _____ is when a person cannot remember what happened and can be very scary.

A. Overdose

II. Death can occur from _____ on alcohol as well as a coma.

B. Hangover

III. After someone has drank too much they will suffer from a _____ which can include an upset stomach, vomiting, headache, and sensitivity to noises

C. Blackout

Short Answer: Write at least 4 sentences per question.

9. Lists two risks from underage drinking and how schools can prevent their students from underage drinking.

10. List two different reasons why you should say no to underage drinking and how you can step in and help your friends stay away from peer pressure.